Information on Services To Signpost/Refer To

The information below was correct on 23 July 2026.

Please check the websites/referral criteria for the services before signposting or referring to them.

Concerns	Service	Website/contact details
Speech and language	Bedfordshire and Luton Children's Speech and Language Therapy Service	https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-speech-and-language-therapy-service/
Gross motor skills/coordination	Physiotherapy	https://www.bedfordshirehospitals.nhs.uk/our-services/paediatric-physiotherapy/about-our-paediatric-physiotherapy-service/children-community-physiotherapy/referrals-and-professional-portal/
Mental health	CAMHS (South Bedfordshire and Luton)	https://www.elft.nhs.uk/services/camhs-south-bedfordshire-and-luton
	CAMHS (North Bedfordshire)	https://www.elft.nhs.uk/services/north-bedfordshire-camhs
Support for children aged 0 to 5 years who have severe and complex medical conditions, disabilities and/or special	Luton SEND Home Visiting Service	https://directory.luton.gov.uk/kb5/luton/directory/service.page?id=67AG6zjCHF4&directorychannel=0

educational needs (LUTON ONLY)		
Support for schools	Autism Spectrum Advisory Teachers	Bedford Borough: https://localoffer.bedford.gov.uk/kb5/bedford/directory/service.page?id=sTuSqdPYIZw Luton: https://directory.luton.gov.uk/kb5/luton/directory/service.page?id=ER5s_YHO0-U&localofferchannel=0
	Special Educational Needs Service	Luton: https://directory.luton.gov.uk/kb5/luton/directory/service.page?id=6U7-3IVKhsE&localofferchannel=0
	Central Bedfordshire Inclusion Outreach and Training	https://localoffer.centralbedfordshire.gov.uk/kb5/centralbedfordshire/directory/advice.page?id=bBkkni1ddQY
	Luton Education Outreach and Training	Lady Zia Wernher School: https://www.ladyziawernherschool.com/outreach-and-training Woodlands Secondary School: https://www.woodlands.luton.sch.uk/outreach-training-and-specialist-services/
Behaviour, sleep, toileting, development, eating habits and diet	Bedfordshire and Luton Health Visiting and School Nursing Service	https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-0-to-19-health-visiting-and-school-nursing-service/
Bowel and bladder control	Bedfordshire and Luton Children's Continence Team	https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-community-and-specialist-nursing-service/bedfordshire-and-luton-childrens-continence-team/
Diet, including fussy/selective eating	Bedfordshire and Luton Children's Nutrition and Dietetics	https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-nutrition-and-dietetics-service/

Home equipment and adaptations	Luton Social Services Occupational Therapy	https://directory.luton.gov.uk/kb5/luton/directory/service.page?id=orsyYL8GM2U&localofferchannel=0
	Central Bedfordshire Social Services Occupational Therapy	https://localoffer.centralbedfordshire.gov.uk/kb5/centralbedfordshire/directory/service.page?id=tbPKiCKhWes
	Bedford Borough	https://www.bedford.gov.uk/social-care-and-health/adult-social-care/community-teams/occupational-therapy
Wheelchair	Bedfordshire and Luton Wheelchair Service	https://www.elft.nhs.uk/services/bedfordshire-and-luton-wheelchair-service
Upper limb range of movement / hand splints / upper limb post surgery rehabilitation	Luton and South Bedfordshire Hand Therapy	https://www.bedfordshirehospitals.nhs.uk/our-services/occupational-therapy-and-physiotherapy/adult-outpatient-physiotherapy-and-hand-therapy-department/
	North and Central Bedfordshire Hand Therapy	Referral can be completed by emailing: “GHHADMIN (BEDFORD HOSPITAL NHS TRUST)": bhn-tr.GHHAdmin@nhs.net
Car Seat	In Car Safety Centre	https://incarsafetycentre.co.uk/?srsltid=AfmBOool4ZBKidi15hEvcTb0AUjO0M7LpCa-XDYVHr_d1Y01HI7thKTv
Dyslexia diagnosis request	An Educational Psychologist or appropriately qualified specialist dyslexia teacher may be able to assess for this.	https://www.nhs.uk/conditions/dyslexia-in-children/

Dysgraphia diagnosis request	An Educational Psychologist may be able to assess for this.	
Sensory differences		https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-occupational-therapy-service/helping-your-child-with-sensitivities/ https://bedslutonchildrenshealth.nhs.uk/services/bedfordshire-and-luton-childrens-occupational-therapy-service/environmental-adaptations-for-children-with-sensory-differences/